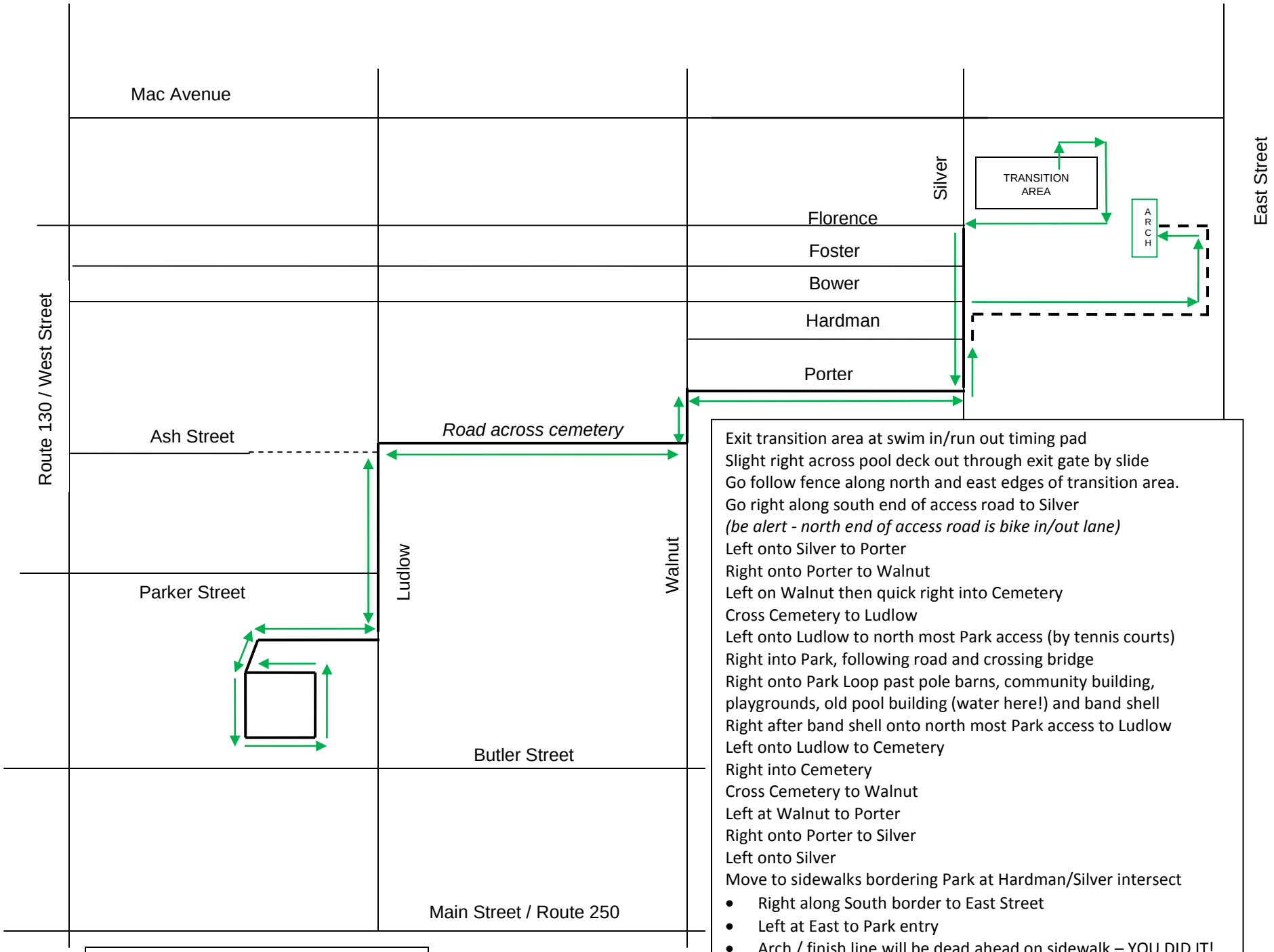

Exit transition area at swim in/run out timing pad
Slight right across pool deck out through exit gate by slide
Go follow fence along north and east edges of transition area.
Go right along south end of access road to Silver
(be alert - north end of access road is bike in/out lane)
Left onto Silver to Porter
Right onto Porter to Walnut
Left on Walnut then quick right into Cemetery
Cross Cemetery to Ludlow
Left onto Ludlow to north most Park access (by tennis courts)
Right into Park, following road and crossing bridge
Right onto Park Loop past pole barns, community building, playgrounds, old pool building (water here!) and band shell
Right after band shell onto north most Park access to Ludlow
Left onto Ludlow to Cemetery
Right into Cemetery
Cross Cemetery to Walnut
Left at Walnut to Porter
Right onto Porter to Silver
Left onto Silver
Move to sidewalks bordering Park at Hardman/Silver intersect

- Right along South border to East Street
- Left at East to Park entry
- Arch / finish line will be dead ahead on sidewalk – YOU DID IT!

RCRC White Squirrel Triathlon
5k Run Route

-------- sidewalks bordering Musgrove Park