

Ste. Marie Scramble

Mount your bike after crossing the timing pad and going down the ramp. Turn right onto Silver Street.

Follow Silver across Mac (north border of Park) and continue to Miller Grove. Turn right and follow the curve past Miller Grove/Bird Haven Parks - the road then becomes East Street.

Follow East across Mac and continue to Hall. Go left.

Follow Hall to the T at Holly and go right – passing RC Elementary School. There will be a water stop at RCES.

Just after the school, turn left onto Gadde Bridge.

Follow Gadde Bridge to Ste. Marie. Turn left onto Ste. Marie and go up the big hill.

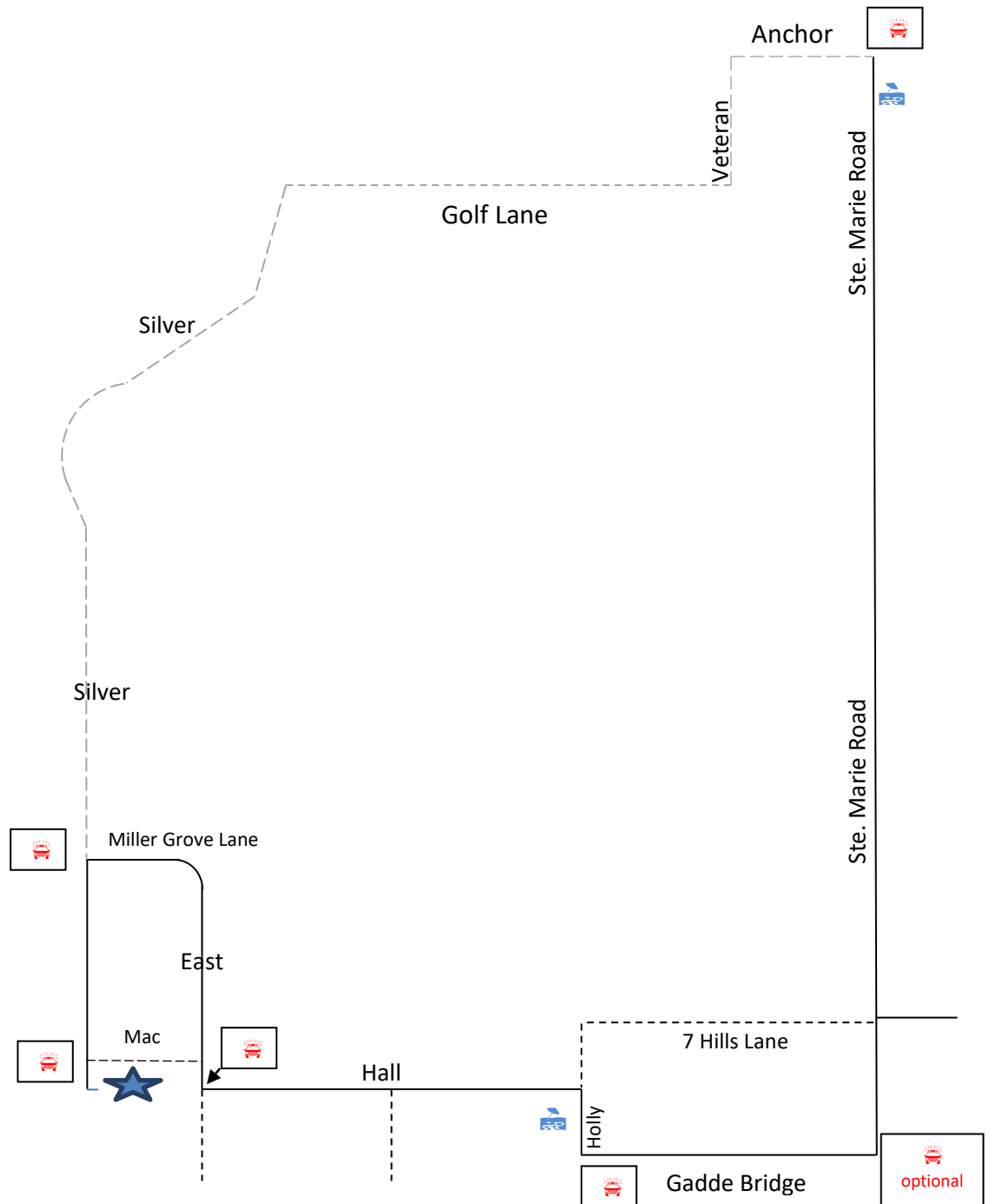
You have about 3 miles of great concrete road before the turn around, however there is not much of a shoulder. Be alert for traffic.

You'll cross the lake (2 sections) and after a bit you'll get to Anchor/Roth Fruit & Campers. Water will also be available at the turn around.




This is a straight out and back, so at the bottom of the big hill, turn right back onto Gadde Bridge. At the T, turn right back onto Holly, get another small bottle of water if you need it at the school, then a left back onto Hall.

Follow Hall to East, another T, and go right, following East all the way around past the lake again, where East becomes Miller Grove Lane.

At Silver, make a left and head back on in to the Park – REMEMBER - there will be outgoing riders on that same section of Silver – play nice – share the road!



RCRC White Squirrel Triathlon
RIDE ROUTE / 14.6 miles

-  law enforcement – *follow their directions!*
-  water station(s) – small bottles of water
-  Musgrove Park/Transition Area